Ultra-sensitive Testing Identifies Previously Undetected KIT D816V Mutations in Patients With Indolent Systemic Mastocytosis: Learnings From the PIONEER Study of Avapritinib

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Introduction

• Indolent systemic mastocytosis (ISM) is the most common subtype of systemic mastocytosis (SM) and is characterized by long-term, debilitating cutaneous, gastrointestinal, neurological, and musculoskeletal symptoms (Figure 1)¹⁻⁵

Figure 1. Clinical manifestations of ISM



ISM, indolent systemic mastocytosis.

- The prevalence of SM has been estimated at up to 1 in 5000 people^{6–9}
- ISM is driven by the KIT D816V mutation in ~95% of patients and the presence of this mutation is one of the four minor diagnostic criteria for SM^{10–16}
- Droplet digital polymerase chain reaction (ddPCR) is the current gold standard test for the detection of the *KIT* D816V mutation (**Table 1**)

Table 1. Testing modalities for *KIT* D816V mutations

Technology	Assay status	Relative sensitivity	<i>KIT</i> mutations that can be detected	Sample input	Useful for ISM diagnosis?
Next- generation sequencing	Commercial use	~200x less sensitive than ddPCR ²¹	Multiple exon 17 mutations	Isolated DNA from blood or bone marrow	Only detects <i>KIT</i> D816V in ~30% of patients ²²
ddPCR		Current gold standard LOD: 0.022% ¹⁸	D816V only		Positive in ~85% of patients ¹⁸
RCA-based assay	Research use	At least ~30x more sensitive than ddPCR ^a (this poster)	D816V only	aspirate	Positive in >95% of patients (this poster)

^aLower LOD still to be validated. ddPCR, droplet digital polymerase chain reaction; LOD, limit of detection; RCA, rolling circle amplification.

- However, even with the use of ddPCR, detection of the *KIT* D816V mutation in the peripheral blood of patients with ISM and low mast cell burden can be challenging, potentially leading to diagnostic delays and prolonged disease burden
- Diagnostic delays may be further exacerbated as another minor diagnostic criterion, serum tryptase level >20 ng/mL, may be absent in up to 30% of patients with ISM^{13,14,17}
- Therefore, more sensitive assays are needed to help physicians identify patients with the *KIT* D816V mutation and underlying clonal mast cell disorders, including ISM • superRCA® (Rarity Bioscience, Uppsala, Sweden), a rolling circle amplification
- technology, has been used to specifically detect KIT D816V mutations, with ~30-fold greater sensitivity for *KIT* D816V mutation detection *versus* ddPCR
- We used whole blood DNA samples from patients with ISM enrolled in the PIONEER study (NCT03731260) to investigate whether superRCA could detect KIT D816V in patients without detectable mutations by ddPCR
- The randomized, double-blind PIONEER study (**Figure 2**) showed the efficacy of avapritinib, a potent, oral inhibitor that targets the *KIT* D816V mutation, compared with placebo and best supportive care in patients with ISM¹⁸
- Avapritinib is approved in the USA and Europe for the treatment of adults with ISM, in the USA for adults with advanced SM (AdvSM), and in Europe for adults with AdvSM after ≥ 1 prior systemic therapy^{19,20}

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best supportive care; ISM-SAF, Indolent Systemic Mastocytosis Symptom Assessment Form; QD, once daily; QoL, quality of life; RP2D, recommended phase 2 dose; TSS, total symptom score.

Methods

- All patients enrolled in PIONEER met ISM diagnostic criteria, confirmed by central pathology review
- During screening, peripheral blood from all patients (N=246) was tested for the KIT D816V mutation by ddPCR; those without detectable mutations were retrospectively tested by superRCA
- Total symptom score (TSS) per the ISM-Symptom Assessment Form (ISM-SAF; ©2018 Blueprint Medicines Corporation) and serum tryptase levels were assessed at baseline and after 24 weeks of avapritinib therapy
- ISM-SAF is a validated symptom assessment tool specifically developed for evaluation of ISM symptomology based on self-reported severity of 11 ISM symptoms. Scores range from 0 to 110^{23,24}

superRCA assay

- superRCA is a sensitive method of mutation detection that relies on DNA amplification and flow cytometry to detect low abundance mutations
- The superRCA assay is reported to detect one mutant copy out of 100,000 wild-type DNA copies²⁵
- A clear separation has been reported between the range of negative DNA controls that have been tested with superRCA versus positive patient samples and diluted positive cell lines

Results

- Baseline characteristics can be found in **Table 2**
- Baseline bone marrow mast cells were significantly lower in patients with ddPCRundetectable, superRCA-detectable *KIT* D816V mutations compared with patients with ddPCR-detectable *KIT* mutations only

Table 2. Baseline characteristics						
Characteristic	<i>KIT</i> mutation detectable by ddPCR (n=209)	<i>KIT</i> mutation not detectable by ddPCR but detectable by superRCA (n=29)	P-value			
Age, years (range)	51 (18–79)	50 (27–64)	0.3269			
Female, %	153 (73)	20 (69)	0.6586			
Median baseline serum tryptase, ng/mL (range)	43.1 (4.2–590.4)	20.2 (3.6–200)	<0.0001			
Median BM MC, % (range)	10.0 (1.0–60.0)	5.0 (1.0–40.0)	<0.0001			
Mean TSS per the ISM-SAF (SD)	49.1 (19.6)	48.9 (18.9)	0.9514			

BM MC, bone marrow mast cell; SD, standard deviation.

Figure 3. *KIT* D816V mutations detected in patients enrolled in **PIONEER**



- In combination, superRCA and ddPCR detected *KIT* D816V mutations in the peripheral blood of 238/246 (97%) patients (Figure 3)
- Using ddPCR, *KIT* D816V was detected in 209/246 (85%) peripheral blood samples - In patients with ISM who had undetectable KIT D816V by ddPCR, superRCA detected *KIT* D816V in 29/37 (78%) samples
- The range of detectable variant allele frequencies by superRCA was 0.00038–0.03389% with a median of 0.0047% (**Figure 4**)

Figure 4. KIT D816V VAF distribution by superRCA in ddPCRundetectable patients



VAF, variant allele frequency

TSS and serum tryptase measures

- Baseline tryptase levels were significantly lower in patients with ddPCR-undetectable, superRCA-detectable *KIT* D816V mutations compared with patients with ddPCRdetectable mutations (**Table 2**)
- Baseline symptom burden, as measured by TSS per the ISM-SAF, was similar in patients with ddPCR-detected *versus* superRCA-detected *KIT* D816V (**Table 2**)
- After 24 weeks of therapy with avapritinib, patients with detectable KIT D816V mutations by superRCA, but undetectable *KIT* mutations by ddPCR, had improvements in ISM-SAF TSS and tryptase, with mean percentage changes from baseline of -20.7% and -55.6%, respectively

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Case study: Effectiveness of avapritinib in a patient with a KIT D816V mutation below the VAF detection threshold of ddPCR, but detectable by superRCA





Conclusions

- More sensitive assays are needed to aid clinicians in identifying KIT D816V mutations, an important minor diagnostic criterion for SM
- *KIT* D816V mutations were detected in 97% of patients when combining ddPCR and superRCA-based assay findings
- In patients with ISM who had undetectable KIT D816V by ddPCR, superRCA detected *KIT* D816V in 78%
- The superRCA assay increased sensitivity limits for mutant-KIT D816V in peripheral blood and would facilitate the diagnosis of ISM in patients without detectable *KIT* D816V by currently commercially available tests
- A high symptom burden can still be experienced by patients without detectable KIT D816V by ddPCR
- Avapritinib can effectively reduce symptoms and serum tryptase levels in patients who do not have detectable *KIT* D816V by ddPCR
- Further development of superRCA may improve the detection of clonal mast cell disorders Until such research-based tests are widely available, bone marrow biopsy should still
- be performed and remains the standard-of-care for evaluating SM

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Conflicts of interest/disclosures

Dr George has received consulting fees and is a study steering committee member for Blueprint Medicines Corporation, BMS/Celgene, Cogent Biosciences, and Incyte. For all author disclosures, please contact medinfo@blueprintmedicines.com.